

ALL ARE WELCOME FOR FREE GRAB & GO MEALS!

Crenshaw Family YMCA
11am-3pm Wednesday & Thursday
3820 Santa Rosalia Dr, LA

Ketchum-Downtown YMCA
10am-12pm Tuesday & Friday
401 S Hope St, Los Angeles

Mid Valley Family YMCA
11am-2pm Monday, Wednesday & Friday
6901 Lennox Ave, Van Nuys

San Pedro & Peninsula YMCA
9am-11am Tuesday & Thursday
301 S Bandini St, San Pedro

Southeast-Rio Vista YMCA
11am-2pm Monday & Wednesday
4801 E 58th St, Maywood

Weingart East Los Angeles YMCA
11am-2pm Monday & Wednesday
2900 Whittier Blvd, LA

Wilmington YMCA
9am-11am Tuesday & Thursday
1127 N Avalon Blvd, Wilmington

**TOGETHER, WE MAKE
POSSIBLE HAPPEN**

