



Horchata



Prep time: 15 minutes



Servings: 6-8 glasses

Ingredients

- 3 tbsp long-grain white rice
- 1 stick of cinnamon
- 6 cups of water
- 3 tablespoons of sugar
- ½ cup milk



Horchata, or agua de horchata, is a traditional beverage made with rice and water. It is sweetened and served chilled.

Instructions

1. In a large bowl, combine rice, cinnamon sticks, and milk.
2. Heat the mix until just before it boils
3. Transfer the mix to a blender. Process until smooth.
4. Pour the mix into a large jar. Add sugar and water.
5. Serve over ice or chill until serving time.