

# Commuting in Midtown During COVID-19



**Midtown Transportation**, a program of Midtown Alliance, works with Midtown employers on strategies that improve productivity and boost morale while decreasing traffic through increased use of alternatives to driving alone.

## Walk

- While walking to work, remember to stay 6 feet apart from others.
- According to the CDC, in general you do not need to wear a mask while outside, but if the area is crowded, consider wearing one.
- If you touch anything, like a crosswalk button or hand rail, make sure to wash your hands as soon as possible or use hand sanitizer.

## Transit

- Familiarize yourself with current transit schedules. Transit agencies are operating on adjusted schedules, and some routes have been suspended.
- Note: On Dec 18, 2021, the majority of MARTA bus routes switched to Saturday schedules on weekdays due to a staffing shortage. This change will be temporary as MARTA works to hire additional bus operators. Bus schedules on [itsmarta.com](https://www.itsmarta.com) reflect current schedules.
- Transit agencies in and around Atlanta have a variety of ways to help riders keep distance and stay safe:
  - Riders are required to wear cloth face coverings on all regional transit vehicles.
  - Needlepoint bi-polar ionization on all MARTA buses to provide fresh air every 75 seconds, and anti-microbial HVAC filters to remove microbes from the air.
  - Riders can use [Token Transit](#) on Xpress buses as a contactless payment option.
  - Trains, local buses, and commuter buses have been undergoing special cleaning protocols.
- Can you work out flexible work hours with your supervisor? If you must commute to the office, try riding transit during off-peak hours to facilitate physical distancing.

Transit Updates

Route Planning

MARTA Heroes



## Carpool

- If you're arriving to the office via a carpool, create physical distance by limiting the car to one person per row in the car.
- Wear face coverings in the vehicle and plan to ride with the same buddies every day to limit exposure.
- Improve ventilation if possible by opening windows or choosing non-recirculating A/C.

# Bike

- When possible, avoid crowded routes and ride 6 feet from other cyclists and pedestrians.
- Wash your hands upon your arrival. It's a good idea to carry hand sanitizer to clean up after you touch public objects like bike racks.

Route Planning

Bike Guide



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# Telecommute

- If you're working from home for the foreseeable future, make sure you develop and maintain a consistent routine for your workday.
- Set up a work environment that keeps you safe and productive (i.e. laptop stand, keyboard and mouse, seat cushion, natural lighting).
- Communicate regularly with your colleagues, set a regular schedule, and try to incorporate some exercise daily if possible.
- In a time when access to childcare is changing, set clear expectations around your work and home needs and schedules.

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# Resources

## City of Atlanta's Color-Coded Zone System

The City of Atlanta's COVID-19 Resilience Plan. [Learn more.](#)

## Centers for Disease Control and Prevention (CDC) Guide

Public health info from the CDC about the COVID-19 virus and how to best keep yourself and others safe. [Learn more.](#)

## Georgia Department of Public Health Guide

State-wide information about COVID-19 status in the Georgia, testing information, and links to state services. [Learn more.](#)

# Learn More

For personalized support with commute-related questions, contact us:

[MT@MidtownATL.com](mailto:MT@MidtownATL.com)

