

SUMMER ON THE PLAZA

YOUR GUIDE TO WHAT'S HAPPENING ON CASCADE PLAZA & MAIN ST. THIS SUMMER

FITNESS

BOOTCAMP ON THE PLAZA (ft. Body Rock Studio)
Tues. | 5:15 - 6:15 p.m. | May 31 - Jul. 26

YOGA ON THE PLAZA (ft. Yoga Squared)
Tues. | 6:30 - 7:30 p.m. | May 31 - Sept. 27

PILATES ON THE PLAZA (ft. Pilates by Murphy's)
Thurs. | 5:15 - 6:15 p.m. | Jun. 2 - Jul. 28

KICKBOXING ON THE PLAZA (ft. Black2Life Fitness)
Thurs. | 5:15 - 6:15 p.m. | Aug. 4 - Sept. 29

LINE DANCING ON THE PLAZA
(ft. JustUs Line Dance Crew)
Thurs. | 6:30 - 7:30 p.m. | Jun. 2 - Sept. 29 —AND—
Sun. | 4 - 5 p.m. | Jun. 5 - Sept. 25

**FUN IN THE SUN
LUNCH ON MAIN** at Lock 3
Wed. | 11:30 a.m. - 12:30 p.m. | May 25 - Sept. 7

HAPPY HOUR ON MAIN at Lock 3
Thurs. | 4 - 6 p.m. | Jun. 30; Jul. 28; Aug. 25, Sept. 29

PHUTURE BOOGIE ROLLERSKATE ON THE PLAZA
Sat. | 6 - 9 p.m. | Jun. 11, 25; Jul. 16, 30; Aug. 13

NEW ROO SKATE ON THE PLAZA
Sat. | 6 - 9 p.m. | Aug. 20

FAMILY SKATE ON THE PLAZA & Movie Night at Lock 3
Sun. | 6:30 - 8:30 p.m. | Jun. 12, 26; Jul. 17, 31; Aug. 14

PLAYDATE ON THE PLAZA (ft. ArtSparks)
Sat. | 11 a.m. - 1 p.m. | Jun. 25; Jul. 30; Aug. 13; Sept. 24

ZUMBA ON THE PLAZA (ft. Empower Movement Fitness)
Sat. | 10:30 - 11:30 a.m.
Jun. 11, 25; Jul. 16, 30; Aug. 13, 27



PLACES TO
EAT



MORE THINGS
TO DO



DOWNTOWN
GUIDES

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